

Study Strategies for Each Type of Intelligence

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| Linguistic | <ol style="list-style-type: none">1) Read the textbook and write down main points in your own words.2) Teach what you are learning to others.3) Rewrite class notes. |
| Logical-Mathematical | <ol style="list-style-type: none">1) Create an outline of the text and organize information into a logical sequence.2) Create practice quizzes with problems that may be on the test and solve them.3) View and treat class projects like a scientific experiment. |
| Visual-Spatial | <ol style="list-style-type: none">1) Create graphs, charts, and pictures.2) Create pictures to show relationships between concepts and ideas.3) Review your class notes and draw pictures to remember the words and ideas. |
| Bodily-Kinesthetic | <ol style="list-style-type: none">1) Pace and move around when you read.2) Turn a lesson into a skit.3) Take short exercise breaks when studying. |
| Interpersonal | <ol style="list-style-type: none">1) Study with and listen to others.2) Teach the lesson to others.3) Write papers that contain stories about people. |
| Intrapersonal | <ol style="list-style-type: none">1) Keep a journal reflecting your thoughts.2) Make some time to study alone.3) Set many small goals for what you want to achieve in your classes. |
| Musical | <ol style="list-style-type: none">1) Memorize by putting words to lyrics and music.2) Play soft music in the background while you study.3) Listen to pleasant music to relax before going to take exams. |
| Naturalistic | <ol style="list-style-type: none">1) Study outside when possible.2) When studying inside, surround yourself with pictures of nature or with natural plants.3) Take breaks from studying and walk around outside. |

Source:

Gerson, R. (2013). *Sharyland ISD Teacher Training*. Austin: Upbeat Press, LLC.